

Character Traits Assessment Tool for Parents

This tool helps to assess your child's or teen's character traits. It focuses on 18 key characteristics that contribute to personal development, integrity, and responsible behavior. For each trait, rate your child's behavior on a scale from 1 to 5, where:

- 1 = **Rarely demonstrates this behavior**
- 2 = **Sometimes demonstrates this behavior**
- 3 = **Occasionally demonstrates this behavior**
- 4 = **Often demonstrates this behavior**
- 5 = **Always demonstrates this behavior**

Character Trait	Description	Rating (1-5)
1. Honesty	The child consistently tells the truth, even when it is difficult or uncomfortable.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
2. Responsibility	The child takes responsibility for their actions and decisions.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
3. Perseverance	The child shows determination and continues to work towards goals even in the face of challenges.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
4. Kindness	The child treats others with empathy, consideration, and generosity.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
5. Respect	The child demonstrates respect for others, including their opinions, boundaries, and belongings.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
6. Self-Control	The child shows the ability to manage their impulses and emotions, especially in stressful situations.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
7. Fairness	The child treats others fairly, shares resources, and avoids favoritism.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
8. Courage	The child is willing to take on challenges or try new things, even when they might be afraid or unsure.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
9. Accountability	The child owns up to their mistakes and takes steps to make things right.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
10. Gratitude	The child expresses thanks and appreciation for the good things in their life.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
11. Compassion	The child shows genuine concern for the well-being of others and helps when needed.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5

Character Trait	Description	Rating (1-5)
12. Self-Respect	The child treats themselves with dignity and practices self-care.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
13. Patience	The child is able to wait calmly and handle delays or setbacks without frustration.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
14. Humility	The child recognizes their strengths and weaknesses without arrogance, and is open to learning.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
15. Tolerance	The child respects and accepts others, even when their opinions or beliefs differ.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
16. Generosity	The child willingly gives time, resources, or attention to others without expecting something in return.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
17. Integrity	The child behaves in a way that aligns with their values, even when no one is watching.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
18. Resilience	The child bounces back from adversity and remains hopeful during tough times.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5

Instructions for Parents:

- Review each character trait and consider how often and effectively your child demonstrates that particular trait.
- Check the box next to the number that best reflects how frequently your child displays each behavior (1 = Rarely, 5 = Always).
- After completing the assessment, total your ratings for each trait.
- If the total score is low for certain traits, consider fostering growth in these areas through positive reinforcement, modeling, and activities that encourage those traits.

Additional Notes:

- This tool helps parents get an overview of their child's character development. A low score doesn't necessarily indicate a concern, but can identify areas that may benefit from additional attention or support.
- Review this tool periodically to track your child's progress and encourage their development of strong, positive character traits.

By using this tool, you can gain a better understanding of your child's evolving character and work with them to enhance these key qualities as they grow.