

Social Skills Assessment Tool for Parents

This tool helps to assess your child's social skills across a variety of scenarios. It focuses on 18 key social skills that are crucial for developing positive relationships with peers, adults, and within the community. For each skill, rate your child's ability on a scale from 1 to 5, where:

- 1 = Rarely demonstrates this behavior
- 2 = Sometimes demonstrates this behavior
- 3 = Occasionally demonstrates this behavior
- 4 = Often demonstrates this behavior
- 5 = Always demonstrates this behavior

Social Skill	Description	Rating (1-5)
1. Eye Contact	The child makes appropriate eye contact during conversations.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
2. Listening Skills	The child listens attentively without interrupting others.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
3. Conversation Initiation	The child can start a conversation with peers or adults.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
4. Turn-Taking	The child takes turns when speaking, allowing others to contribute.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
5. Empathy	The child shows understanding of others' feelings and perspectives.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
6. Self-Regulation	The child is able to manage their emotions in social situations.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
7. Conflict Resolution	The child can effectively solve disagreements with peers.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
8. Sharing	The child willingly shares toys, games, or resources with others.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
9. Asking Questions	The child asks appropriate questions to learn more about others.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
10. Giving Compliments	The child offers sincere and positive compliments to others.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5

Social Skill	Description	Rating (1-5)
11. Making Friends	The child actively builds and maintains friendships.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
12. Understanding Social Cues	The child recognizes non-verbal signals such as body language and facial expressions.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
13. Adapting to New Social Situations	The child adjusts to new social settings (e.g., new group of people, events).	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
14. Respecting Boundaries	The child respects personal space and boundaries of others.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
15. Showing Appreciation	The child expresses gratitude towards others.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
16. Managing Group Dynamics	The child is able to work in groups and contribute positively to group tasks.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
17. Social Play	The child engages in interactive play, such as role-playing or cooperative games with peers.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
18. Nonverbal Communication	The child uses gestures, facial expressions, and tone of voice effectively in communication.	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5

Instructions for Parents:

- Review each skill and consider how often and effectively your child demonstrates that particular social skill.
- Check the box next to the number that best reflects how often your child displays each behavior (1 = Rarely, 5 = Always).
- Once completed, total your ratings for each skill.
- If the total score is low, consider focusing on building those skills through practice or seeking guidance from a counselor or social skills program.

Additional Notes:

- This tool is meant to give you an overall picture of your child's social development. A low rating does not indicate a problem but can point to areas where additional support might be beneficial.
- Feel free to revisit this assessment at regular intervals to track your child's progress over time.